

Thurles Leisure Centre Presents Our NEW Personalised Training Buddy System



Do you find it hard to get motivated & stay motivated? Introducing our NEW Personalised Buddy System Training Packages. You & a Friend can get an hours fully instructed training programme with one of our qualified fitness instructors, helping you reach those goals together.

Price: €30 per Session

Book 3 Sessions for the Price of 2!

Available 7 days a week

Student & Senior Off Peak Offer:

€25 per Session

Available Monday - Friday

9am-4pm



Call us on 0504-58640
To book your session now.

